

Tax Advice

Need help eliminating taxes on your fixed income?

Free Tax Advice Available

Free tax advice is available to seniors on low incomes who cannot afford to pay for professional advice.

With in-depth knowledge about all aspects of disability and related tax benefits from the Government of Canada, a lawyer in our network can act on your behalf when dealing with your health provider, Canada Revenue Agency and/or accountant. S/he will answer vital questions, provide you with a preliminary assessment of your financial picture and suggest a new direction, if necessary.

We make it easy to get started with a complimentary consultation to discuss your current situation.



Professional Standards

- All caregivers are thoroughly screened, bonded and insured and we perform extensive reference, criminal and driver and motor vehicle checks to ensure safety.
- Caregivers are trained to tend to those living with medical conditions such as Alzheimer's, dementia, Parkinson's and Multiple Sclerosis.
- Home care services are provided by certified Personal Support Workers (PSWs) and Nursing services are provided by Registered Nurses (RNs) and Registered Practical Nurses (RPNs).
- We have staff on hand for morning, evening and night shifts, 24 hours a day, 7 days a week.



Helping people live their fullest lives

Contact us and see how we can help!

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Visit www.helpfulhands.com

Established since 1992



Helping people live their fullest lives

*Home Support Services for Seniors
and Adults with Disabilities*



Homecare | Transportation | Moving | Tax Advice

Homecare

We care for the well-being of your loved ones.

Helpful Hands has a strong history of providing compassionate continuity of care for seniors and adults with disabilities. When you or your loved one join our extended family, you will have peace of mind knowing s/he is assigned a caregiver with family values. Our staff helps clients make positive lifestyle choices surrounding healthy eating, stress management and other areas of day-to-day living to meet their wants and needs. A warm smile and a listening ear are always part of the client homecare experience.



OUR SERVICES

Companionship: We make friends with clients, encouraging favourite activities such as playing cards, walking in the park and having great conversations. Our goal is to promote physical and mental well-being.

Personal Care: We assist seniors at home or in hospital with all the necessary activities that constitute personal care and hygiene. Bathing, dressing and grooming, eating assistance, medication reminders and other special services are offered.

Home Management: We help clients maintain a clean and comfy home. We carry out routine homemaking tasks such as housekeeping, laundry services as well as grocery shopping and meal preparation.

Transportation

We can get you there with care.

AMBULATORY

Our commitment to you is competent experienced assistance. For those who use walkers, canes or need arm-through-arm help when walking, Helpful Hands provides companion accompaniment. Always going above and beyond, our clients are met and greeted with door-to-door assistance and lent a helpful hand, making their excursions safe and enjoyable.

NON-AMBULATORY

Helpful Hands provides access to travel for seniors and adults with disabilities who use wheelchairs for mobility. Wheelchair mobility transportation is scheduled on an individual basis for appointments, social events and recreational activities. Delivering great service, comfort and safety are our priorities. Clients are welcome to travel with one caregiver or family member.

Home Delivery Service

We attend to personal errands and requests, delivering everything from specialty foods to medical supplies for peace of mind.



Moving

Let us lend a hand.

Helpful Hands provides professional moving services to help ease the burden of downsizing from the family home to a new residence. Whether you or your loved one is moving into a senior, retirement or nursing home anywhere in Ontario, we are here to help meet all your moving needs. Our professional team is always on-call for time-sensitive, short notice moves into long-term care facilities.

What's more, we strive to make your relocation experience a positive one. We do all the packing and unpacking for you. Our friendly movers will even set up and assemble electronics, pictures and window dressings. A complete range of cleaning and removal services is also personalized to all your moving needs. They include:

- Bringing your unwanted gently used items to auctions and/or worthwhile charities.
- Disposing of worn and torn furniture, mattresses and scrap metal.
- Reducing the clutter in your basement, garage and storage spaces.

